



MedFood

Mediterranean fine foods

Olives

Nuts

Delicates

Importer & distributor of fine Mediterranean foods

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OLIVES

Whole Halkidiki Green



Halkidiki green olive, named after the northern region of Halkidiki in Greece. Marinated in olive oil and ready to eat.

Size pack:2kg, 5kg, 10kg.In brine or oil

Green Olives Stuffed Almonds



A delicious blend of two popular flavours, Queen Greek olives and almonds.

Size pack:2kg, 5kg, 10kg.In brine or oil

Black Whole Olives



King of all black olives! Purple, firm with strong flavour

Size pack:2kg, 5kg, 10kg.In brine or oil

Green Olives Stuffed Anchovies



If you're a fan of fish, this combination of olives and anchovies will be irresistible!

Size pack:2kg, 5kg, 10kg.In brine or oil

OLIVES

Olives stuffed with Cheese



Freshly picked Queen Greek green olives stuffed with real, traditionally made Feta cheese, soaked in quality olive oil.

Size pack:2kg, 5kg, 10kg.In brine or oil

Green Olives Stuffed Jalapenos



Queen Greek olives stuffed with chopped green jalapeno peppers.

Size pack:2kg, 5kg, 10kg.In brine or oil

Green Olives Stuffed Garlic



Queen Greek green olives stuffed with crunchy baby garlic.

Size pack:2kg, 5kg, 10kg.In brine or oil

Green Olives Stuffed Lemon



Queen Greek green olives stuffed with freshly cut, juicy lemon, marinated in Pomace olive oil.

Size pack:2kg, 5kg, 10kg.In brine or oil

OLIVES

Green Olives Stuffed Orange



Queen Greek olives stuffed with orange. A truly exotic flavour!
Size pack:2kg, 5kg, 10kg.In brine or oil

Green Olives Stuffed Piri-Piri



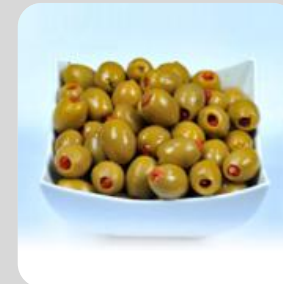
Queen Greek olives stuffed with hot piri-piri peppers.
Size pack:2kg, 5kg, 10kg.In brine or oil

Green Olives Stuffed Pimento



Queen Greek olive stuffed with Red peppers, known as Paprika or pimento.
Size pack:2kg, 5kg, 10kg.In brine or oil

Green Olives Stuffed Sun-dried Tomatoes



Queen Greek olives stuffed with our finest sun-dried tomatoes.
Size pack:2kg, 5kg, 10kg.In brine or oil

OLIVES

Green Olives Stuffed Paprika



Queen Greek olive stuffed with Red peppers, known as Paprika or pimento.
Size pack:2kg, 5kg, 10kg.In brine or oil

Spicy pitted green olives



This olive has been marinated in Chile spices for a taste that is very addictive!
Size pack:2kg, 5kg, 10kg.In brine or oil

Whole Extra Jumbo Green Olives



To make tapas or any starter ,these juicy olives are a great choice.
Size pack:2kg, 5kg, 10kg.In brine or oil

Mixed Olives Marinated



Our special marinated olives have been mixed with pickled vegetables, lime juice, olive oil, and garlic.
Size pack:2kg, 5kg, 10kg.In brine or oil

OLIVES

Extra Jumbo Kalamata Olives



Probably the most well-known Greek olive, these are harvested in December when fully ripened.

Size pack:2kg, 5kg, 10kg.In brine or oil

Pickled Shallots



This special product has been created by our experts. They can be combined with any dish.

Size pack:3kg, 6kg

Kalamata Olives Super Colossal



The Kalamata Super Colossal are slightly smaller than Queen olives and have a rich flavour.

Size pack:2kg, 5kg, 10kg.In brine or oil

Pickled Garlic



Crunchy baby garlics marinated in olive oil, and vinegar.

Size pack:12x720ml

MEZE ANTI-PASTI

Red Sweet African Peppers stuffed with Cheese



Sweet African red pepper hand stuffed with Feta & Ricotta cheese and marinated in sunflower oil.
Pack size:2kg

Stuffed Garlic Olives



Pasteurized Halkidiki olives hand stuffed with garlic pieces.
Pack size:2kg

Green Chilli Peppers stuffed with Cheese



Spicy pepper stuffed with Feta & Ricotta cheese in oil
Pack size:2kg

Almond Stuffed Olives



Pasteurized Halkidiki olives hand stuffed with whole almonds.
Pack size:2kg

MEZE ANTI-PASTI

Olives stuffed with Cheese



Pasteurized Halkidiki olives stuffed with feta and ricotta & cheese marinated in sunflower oil.
Pack size:2kg

Grilled Aubergines stuffed with Cheese



Char grilled Aubergines wrapped around ricotta cheese & herbs.
Pack size:2kg

Olives stuffed with Sun Dried Tomatoes



Pasteurized Halkidiki olives hand stuffed with slices of sun dried tomatoes.
Pack size:2kg

Grilled Mushrooms with Chilli in oil



Grilled Mushrooms marinated with Garlic & Chilli in Oil
Pack size:2kg

MEZE ANTI-PASTI

Sun Dried Tomatoes in Oil



Classic Sun Dried Tomatoes
Halves Marinated in Sunflower Oil
Pack size: 2.9 kg jar

Artichokes Hearts Quarters in Oil



Quartered Artichokes from Italy
marinated with Garlic & Herbs
Pack size: 2.9 kg jar

Artichokes hearts Whole in Oil



Whole Artichokes hearts from Italy
marinated with Garlic & Herbs in
Sunflower Oil .
Pack size: 2.9 kg jar

Musk mushrooms marinated in sunflower Oil



Musk mushrooms marinated in
sunflower Oil
Pack size: 2.9 kg jar

MEZE ANTI-PASTI

Mushrooms - Wild Mix in Oil – 2.9 kg Jar



4 varieties of wild mushrooms in Oil
Pack size: 2.9 kg jar

Red Sweet African Peppers stuffed with Cheese



Sweet African red pepper stuffed with Feta & Ricotta cheese, marinated in sunflower oil
Pack size:2kg

Mushrooms Champignon in Oil



White button mushrooms
marinated in Oil
Pack size: 2.9 kg jar

Marinated Olives – Bosca



Pitted olives mixed with Mushrooms,
Pepper, Herbs and Garlic
Pack size:2kg

NUTS

Almonds (Raw)



Delicious and crunchy, almonds are packed full of nutrition including protein and fibre, magnesium, calcium, potassium, iron and Vitamin E.
Pack size: 5kg

Almonds (Honey)



Our select, premium almonds are slowly roasted with Smoky Mountain sourwood honey, sugar, and pure vanilla extract.
Pack size: 5kg

Almonds (Smoked & Spicy / Smoked)



These almonds are carefully roasted and smoked. Then they are lightly topped with chilli powder for a great taste.
Pack size: 5kg

Cashews (Raw)



Many people love the natural taste of cashews, so we offer them without any flavouring.
Pack size: 5kg

NUTS

Cashews (Cheese)



Yummy, yummy cheese! These cashews Has been roasted with real cheese.
Pack size: 5kg

Cashews (Black Pepper & Sea Salt)



If you like your cashews but are bored of the same old roasted and salted ones.
Pack size: 5kg

Cashews (Honey)



Crunchy cashews roasted with honey
Pack size: 5kg

Cashews (Smoked)



If you love smoky flavours, try our smoked cashews. They have a very unique flavour!
Pack size: 5kg

NUTS

Pecans Nuts



Pecans are a good source of fibre, Vitamin E - copper and magnesium.

Pack size: 5kg

Pistachios (Roasted & Salted)



These pistachios have been roasted in the shell.

Pack size: 5kg

Brazils



The Brazil nut is an excellent source of phosphorous, which helps strengthen bones and teeth.

Pack size: 5kg

Macadamia (Honey)

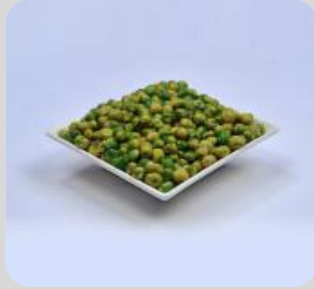


Containing no cholesterol, the oils in the macadamia nuts contain over 75% monounsaturated fats.

Pack size: 5kg

CRACKERS

Wasabi Peanuts



A great treat that combines peanut's nutty flavour with the exotic taste of wasabi.

Pack size: 7.5kg

Chilli Rice Crackers



A great snack of rice crackers with Chilli flavour
Pack size: 5kg

Japanese Rice Crackers



Not sure which rice cracker is your favourite?
Find out when you buy our amazing rice cracker mix!
Pack size: 5kg

Wasabi Rice Crackers



A traditional Asian rice cracker mix. Excellent taste and crunch
Pack size: 5kg

TURKISH DELIGHT

Extra Pistachio Turkish Delight



This Turkish Delight is flavoured with rose water and real bits of pistachio! They are cube-shaped
Pack size: 5kg

Coconut Milk Turkish Delight



A totally different type of Turkish Delight, made with real coconut powder. It has a milky texture and feels like you are eating a real piece of coconut!
Pack size: 5kg

Lemon Turkish Delight



Turkish Delight is a sweet made from gelatine and concentrated grape juice. This variety is flavoured with lemon essence
Pack size: 5kg

Mint Turkish Delight



A refreshing Turkish Delight, flavoured with mint.
Pack size: 5kg

TURKISH DELIGHT

Orange Turkish Delight



Orange flavour Turkish Delight is popular for its refreshing citrus taste.

Pack size: 5kg

Rose Turkish Delight



Delight is a sweet made from gelatine and concentrated grape juice. This one is flavoured with rose water.

Pack size: 5kg

Rose & Lemon Turkish Delight



This variety combines the great tastes of lemon and rose.

Pack size: 5kg

Special Turkish Delight



A great selection of Turkish Delights for you to sample. Makes a great gift.

Pack size: 5kg

TURKISH DELIGHT

Rolled Walnuts Turkish Delight



This Turkish Delight is made with cocoa powder and pieces of walnut.

Pack size: 5kg

Rolled Lemon Turkish Delight



Turkish delight Sweet made from flavoured with lemon essence.

Pack size: 5kg

Rolled Pistachio Turkish Delight



This Turkish Delight is made from real pistachio bits.

Pack size: 5kg

Rolled Rose Turkish Delight



Turkish Delight in a rolled form. It is flavoured with rose water. (Turkish, rahat lokum.)

Pack size: 5kg

BAKLAVA



Diamond Baklava



This kind of Baklava has unique shape and each could be shared by five people, it is so rich and delicious.
Pack size:2kg tray



Assabee Round Baklava



Filo pastry filled with pistachio, almonds, and sugar syrups, then rolled into a doughnut shape.
Pack size:2kg tray



BAKLAVA

Honey Cake Baklava



Honey cake Almond comes from Morocco and Lebanon. It is a spongy pastry soaked in honey with almonds for texture and flavour.

Pack size:2kg tray

Katayef Roll Baklava



Crispy, shredded Filo pastry in a shape of small rolls, filled with nuts and syrup. It is sticky and tasty.
Pack size:2kg tray

Boukage Baklava



Filo pastry in the shape of flower blossom filled with cashew nuts, almonds & pistachios.

Pack size:2kg tray

Coconut Baklava



If you like to try a different flavour of Baklava, have go at this Filo pastry filled with nuts and coconut. It is Heavenly delicious

Pack size:2kg tray

BAKLAVA

Kulwushkur Baklava



Kulwushkur are the smallest kind of Baklava, which is made of Filo pastry filled with walnuts, cashew nuts and honey.
Pack size:2kg tray

Assabee Finger Baklava



Baklava is a type of Greek pastry traditionally made with Filo dough, honey, nuts, and orange essence.
Pack size:2kg tray

Walnut Baklava



This Baklava is slightly larger than Kulwushkar and filled with walnuts and syrup
Pack size:2kg tray

Burma Cashew Baklava



Shredded, crispy, sticky Filo pastry which has a rich filling of whole pistachios and honey.
Pack size:2kg tray

FUDGE

Vanilla Fudge



Simple and delicious vanilla fudge.

Pack size:2kg box

Chocolate Fudge



Yummy fudge with bits of chocolate pieces inside.

Pack size:2kg box

Clotted Cream Fudge



This fudge has traces of creamy bits inside, which makes a little different than the other kind of fudges.

Pack size:2kg box

Rum & Raisin Fudge



The delicious flavour of fudge combined with rum and real raisins

Pack size:2kg box

FUDGE

Fudge – Chocolate & Mint



Pack size:2kg box

Fudge – Coconut Ice



Pack size:2kg box

Vanilla Strawberry & Cream Fudge



Pack size:2kg box

Irish Coffee Fudge



Pack size:2kg box

Milk Chocolate Bananas



Slices of banana coated in milk chocolate.

Pack size: 12kg

Milk Chocolate Walnuts



Our chocolate-covered walnuts are premium California-grown Walnuts dipped in savoury milk chocolate.

Pack size: 10kg

Milk Chocolate Cashews



Cashew nuts coated with yummy, milky chocolate...

Pack size: 12kg

Milk Chocolate Brazil Nuts



Try these crunchy brazil nuts with coated Milk chocolate period

Pack size: 12kg

Milk Chocolate Raisins



Raisins coated in milk chocolate period
Pack size: 12kg

Milk Chocolate Ginger



Healthy ginger coated with naughty
chocolate... the best of both worlds.

Pack size: 12kg

Milk Chocolate Stone



Chocolate in the shape of stones? This
unusual treat is fun for parties. The chocolate
is coated in a colourful, sweet candy
Pack size: 5kg

Mixed Sunflower Seeds



Sunflower seeds coated in milk chocolate,
plain chocolate & white chocolate.

Pack size: 5kg

Yogurt Raisins



Raisins coated in milky yogurt.

Pack size: 12kg

Yogurt Almonds



Creamy, smooth and delicious yogurt covering exquisite whole almonds

Pack size: 12kg

Yogurt Bananas



Sliced banana coated in yogurt.

Pack size: 12kg

Yogurt Brazil Nuts



Brazil nuts coated in yogurt.

Pack size: 12kg

CONFECTIONERY

Yogurt Cashews



Cashew nuts coated in yogurt

Pack size: 12kg

Yogurt Ginger



Chopped ginger coated in yogurt.

Pack size: 12kg



DRIED FRUITS

Apricots



An apricot is a sweet fruit with a golden orange colour. Dried apricots are a popular snack and convenient for inclusion in numerous recipes.

Pack size: 6kg box

Cranberries



Many experts say cranberries promote proper blood circulation.

Pack size: 11.34kg

Sour Cherries



Cherries help the blood, and they taste great!

Pack size: 9.07kg

Mango



Slices of natural mango.

Pack size: 12.5kg

DRIED FRUITS

Razcherries



Gourmet cherries infused with raspberry flavour.

Pack size: 9.07kg

Figs



Figs are a soft sweet fruit, full of small seeds and often eaten dried.

Pack size: 5kg

Crystallised Ginger



Try this fantastic ginger covered in crystallized sugar. It's very aromatic.

Pack size: 5kg

Pineapple



A sweet and delectable dried pineapple that everyone loves! Tastes like sweetened sunshine!

Pack size: 5kg,20kg

DRIED FRUITS

Banana Chips



Banana chips are deep-fried and/or dried slices of banana, covered with sugar or honey. These chips are crispy and have a sweet taste.

Pack size: 6.8kg



Mixed Berries



Are you looking to impress your friends with your selection of healthy snacks? This mixture is perfect for entertaining.

Pack size: 5kg